



# SPACE Schedule

Sports, Performing Arts, Clubs & Enrichment  
Michaelmas Term 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Before School</b>	6:45am - 7:45am GYM CLASS Girls Only - Forms 4 to 6	6:45am - 7:45am GYM CLASS Senior Boys Rugby Team  SWIM CLUB	7am - 7:40am YOGA Energetic Flow	6:45am - 7:45am GYM CLASS Forms 4 to 6	6:45am - 7:45am GYM CLASS Senior Boys Rugby Team  SWIM CLUB
	8am - 8:40am JAZZ BAND Rhythm Section		8am - 8:40am JAZZ BAND Singing	7am - 7:40am YOGA Energetic Flow	8am - 8:40am JAZZ BAND Brass Section
<b>Lunch Time</b>	12:30pm - 1pm AMBER FLAG COMMITTEE  BOOK CLUB	12:30pm - 1pm DIVERSITY & INCLUSION			12:30pm - 1pm CHESS CLUB  ORCHESTRA Junior Sectional
	1:10pm - 1:40pm DIVERSITY & INCLUSION		1pm - 2pm BASKETBALL Under 16 & Under 19 Boys	1:10pm - 1:40pm AMBER FLAG COMMITTEE  ORCHESTRA Senior Sectional	1:10pm - 1:40pm BOOK CLUB
<b>After School</b>	4pm - 5pm *RUGBY Form 1 Boys - *Mandatory *BASKETBALL Form 1 Girls - *Mandatory HOCKEY Form 2 Boys & Girls ATHLETICS Forms 2 to 6 ROWING Forms 2 to 6 - Rowing Club GYM CLASS Forms 4 to 6 RUGBY Junior & Senior Boys DANCE Advanced ORCHESTRA Tutti COOKING CLUB Forms 2 to 6 DEBATING POTTERY PHOTOGRAPHY CLUB	4pm - 5pm *HOCKEY Form 1 Girls - *Mandatory HOCKEY Form 1 Boys BASKETBALL Form 2 Girls RUGBY Form 2 Boys ATHLETICS BADMINTON Social RUNNING Forms 2 to 6 SWIM CLASS YOGA Energetic Flow GYM CLASS Girls Only - Forms 4 to 6 RUGBY Junior & Senior Boys DANCE Beginner / Intermediate BOARD GAMES CLUB ENVIRONMENTAL COMMITTEE STUDENT COUNCIL	1:30pm - 3:30pm ROWING Forms 2 to 6 - Rowing Club  2pm - 3pm BADMINTON Social - Forms 1 to 3 GYM CLASS Forms 4 to 6 SWIM CLUB  3pm - 4pm BADMINTON Social - Forms 4 to 6 GYM CLASS Forms 4 to 6 OPEN SWIM  4pm - 5pm ADVANCED GYM CLASS Forms 4 to 6 OPEN SWIM	4pm - 5pm BASKETBALL Form 1 Girls RUGBY Form 1 Boys HOCKEY Form 2 Boys & Girls ATHLETICS SWIM CLASS YOGA Relaxed Flow RUGBY TY Boys GYM CLASS Forms 4 to 6 CHOIR COOKING CLUB DEBATING PHOTOGRAPHY CLUB POTTERY	4pm - 5pm *HOCKEY Form 1 Boys - *Mandatory HOCKEY Form 1 Girls BASKETBALL Form 2 Girls RUGBY Form 2 Boys ATHLETICS ROWING Forms 2 to 6 - Rowing Room RUGBY Girls - Forms 2 to 6 BASKETBALL Under 16 Girls GYM CLASS Forms 4 to 6 RUGBY Junior & Senior Boys DEBATING FILM CLUB
	5pm - 6pm BASKETBALL Under 16 & Under 19 Girls GYM CLASS Senior Boys Rugby Team HOCKEY Senior Boys & Girls ROWING Forms 2 to 6 - Rowing Club COOKING CLUB	5pm - 6pm BADMINTON Junior & Senior Teams GYM CLASS Forms 4 to 6 HOCKEY Junior Boys & Girls SWIM CLASS DANCE Beginner / Intermediate MINDFULNESS		5pm - 6pm BASKETBALL Under 19 Girls GYM CLASS Senior Boys Rugby Team HOCKEY Junior Boys & Girls HOCKEY Senior Boys & Girls SWIM CLASS	5pm - 6pm ADVANCED GYM CLASS Forms 4 to 6 BASKETBALL Under 16 & Under 19 Boys

**Colour Key Guide**

SPORTS & LEISURE	PERFORMING ARTS	CLUBS & ENRICHMENT
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Scan the QR code to login to SOCS

Please note that this schedule is subject to change

All students must sign up to their chosen activities on SOCS - <https://socs.scs.com/login/1908>

Forms 1 to 4 must participate in extra-curricular physical activity at least two days per week - this will be monitored on SOCS

Music & Drama lessons will be scheduled in SOCS - students must check SOCS for their class times

Announcements and schedules for extra-curricular and sporting activities will be posted on the school TV screens each day

If a student is unable to attend their chosen activity on any given day, they must notify their teacher or coach in advance

Any queries can be sent to [space@thekingshospital.ie](mailto:space@thekingshospital.ie)