THE KING'S HOSPITAL SCHOOL

HILARY TERM

EXTRA-CURRICULAR ACTIVITY SCHEDULE 2021

MONDAY

06:45 - 07:45
- **GYM CLASS** — Senior Boys Rugby Team

08:00 - 08:40
- **JAZZ BAND** — Rhythm Section

12:20 - 13:00
- **STUDENT COUNCIL** — Junior Members

13:00 - 13:40
- **STUDENT COUNCIL** — Senior Members

16:00 - 17:00
- **BASKETBALL*** — **Form 1 Girls - Mandatory**
- **GYM CLASS** — Senior Boys & Girls
- **HOCKEY** — Form 2 Boys & Girls
- **ROWING** — Indoor Rowing Room
- **RUGBY** — Junior, Senior & TY Boys
- **RUGBY*** — **Form 1 Boys - Mandatory**
- **RUNNING**
- **WALKING**
- **ARTISTIC PERFORMANCE** — Forms 2 to 6
- **ORCHESTRA** — Tutti
- **BOOK CLUB**
- **COOKING CLUB**

17:00 - 18:00
- **BASKETBALL** — Under 16 & Under 19 Girls
- **CRICKET NETS** — Form 2 & Form 3 Boys
- **GYM CLASS** — Senior Boys Rugby Team
- **HOCKEY** — Senior Boys & Girls

TUESDAY

06:45 - 07:45
- **GYM CLASS** — Girls Only - Forms 4 to 6
- **SWIM CLUB**

12:20 - 13:00
- **ORCHESTRA** — Junior Sectional

16:00 - 17:00
- **BADMINTON** — Forms 1 to 3
- **GYM CLASS** — Girls Only - Forms 4 to 6
- **HOCKEY** — Form 1 Girls
- **HOCKEY** — Form 2 Girls (Optional)
- **HOCKEY*** — **Form 1 Boys - Mandatory**
- **RUGBY** — Form 2 Boys
- **RUGBY** — Girls - Forms 2 to 6
- **RUGBY** — Junior Boys
- **YOGA**
- **DANCE**
- **POTTERY**

17:00 - 18:00
- **BADMINTON** — Forms 4 to 6
- **GYM CLASS** — Forms 4 to 6
- **HOCKEY** — Junior Boys & Girls
- **DANCE**

WEDNESDAY

07:00 - 07:45
- **YOGA**

08:00 - 08:40
- **JAZZ BAND** — Singing

13:00 - 14:00
- **BASKETBALL** — Under 16 & Under 19 Boys

13:45 - 14:30
- **HOCKEY** — Form 1 Boys & Girls
- **HOCKEY** — Senior Girls - Blue, Gold, Yellow

13:45 - 15:15
- **ROWING** — Neptune Rowing Club

14:00 - 15:30
- **BADMINTON** — Social
- **RUGBY** — Senior Boys

14:45 - 15:45
- **HOCKEY** — Junior Boys & Girls
- **HOCKEY** — Senior Boys & Girls – Navy Pods

15:30 - 16:30
- **GYM CLASS** — Forms 4 to 6

15:30 - 17:00
- **TENNIS** — Indoors

16:30 - 17:30
- **ADVANCED GYM CLASS** — Advanced Senior Boys & Girls

THURSDAY

06:45 - 07:45
- **GYM CLASS** — TY Boys

07:00 - 07:45
- **YOGA**

08:00 - 08:40
- **CHOIR**

12:20 - 13:00
- **ENVIRONMENTAL COMMITTEE** — Forms 1 to 3

13:00 - 13:40
- **ENVIRONMENTAL COMMITTEE** — Forms 4 to 6
- **ORCHESTRA** — Senior Sectional

16:00 - 17:00
- **BASKETBALL** — Form 1 & Form 2 Girls
- **GYM CLASS** — Forms 4 to 6
- **HOCKEY** — Form 2 Boys & Girls
- **RUGBY** — Form 1 Boys
- **RUGBY** — Senior & TY Boys
- **RUNNING**
- **WALKING**
- **YOGA**
- **BOOK CLUB**
- **COOKING CLUB**
- **DEBATING**
- **PHOTOGRAPHY**
- **POTTERY**
- **VIRTUAL GAMES CLUB**

17:00 - 18:00
- **BASKETBALL** — Under 16 & Under 19 Girls
- **GYM CLASS** — Senior Boys Rugby Team
- **HOCKEY** — Junior Boys & Girls
- **HOCKEY** — Senior Boys & Girls

FRIDAY

06:45 - 07:45
- **GYM CLASS** — Senior Boys Rugby Team
- **SWIM CLUB**

08:00 - 08:40
- **JAZZ BAND** — Brass Section

16:00 - 17:00
- **BASKETBALL** — Form 2 Girls
- **GYM CLASS** — Senior Boys & Girls
- **HOCKEY** — Form 1 Boys
- **HOCKEY*** — **Form 1 Girls - Mandatory**
- **ROWING** — Indoor Rowing Room
- **RUGBY** — Form 1 Boys (Optional)
- **RUGBY** — Form 2 Boys
- **RUGBY** — Girls - Forms 2 to 6
- **RUGBY** — Junior Boys
- **DEBATING**
- **FILM CLUB**

17:00 - 18:00
- **ADVANCED GYM CLASS** — Advanced Senior Boys & Girls
- **BASKETBALL** — Under 16 & Under 19 Boys

Colour Key Guide

- ***MANDATORY SPORTS**
- **SPORTS & LEISURE**
- **CLUBS & ENRICHMENT**
- **PERFORMING ARTS**
- **PASTORAL**

All students must sign up to their chosen activities on SOCS - **https://socscms.com/login/1908**

Forms 1 to 4 must participate in extra-curricular physical activity at least two days per week - this will be monitored on SOCS

Schedules for Music & Drama lessons will be posted on the Music noticeboards and in the Performing Arts room

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Announcements and updates regarding extra-curricular or sporting activities will be posted on the school TV screens each day

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If a student is unable to attend their chosen activity on any given day, they must notify their teacher or coach in advance

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Any queries can be sent to **sports@thekingshospital.ie** and/or **sportsandeca@thekingshospital.ie**